



ASA EVENT CONDITIONS IN 2007

2007 ASA National Events

Senior Championships – level 5 (3 days)
Elite Junior Nationals – level 4 (4 days)
National Age Group Finals – level 3 (3 days)
National Skills Finals – level 2 (1½ days)

2007 Event Dates

National Age Group Finals, 30 March-1 April, Southampton
Elite Junior Nationals, 29 May-1 June, Sheffield
Senior Championships, 6-8 July, Sheffield
National Skills Finals, 14-15 July, Plymouth

Please check all eligibility clauses at the back of this document, before entering a diver for an event, as they may become ineligible for certain events.

National Skills Final - level 2

Pre-qualification: To take part in this events, divers must have achieved Level 2, Grade 5 & Level 3, Stage 3 pass on the ASA National Award Scheme (the equivalent of Grade 8 on the NEW ASA National Award Scheme, currently under review and due to be published towards the end of 2006).

Age Groups

Group E	8/9 Years
Group D	10/11 Years
Group C	12/13 Years
Group B+	14/16 Years

Category	Board Height	Event Conditions		Recommended Standard
Age Groups E, D & C	Section 1. <i>Poolside</i>	Plain header (3 bubble rip), Armswing back jump tucked Forward dive tucked Armswing reverse pike sit	1.0 1.0 1.0 1.0	Group E 225
	Section 2. <i>1m</i>	Hurdle step straight jump Armswing back jump straight 1 dive from list A 1 dive from list B	1.0 1.0 dd to count dd to count	
	Section 3. <i>3m</i>	Pike fall hands grabbed Sitting forward tuck roll Standing back fall straight Crouched back tuck roll	1.0 1.2 1.4 1.3	Group C 235

List A

101c, 101b, 103c, 103b, 401c, 401b

List B

Back fall straight (1.0), 201c, 201b, 301c, 301b

Category	Board Height	Event Conditions		Recommended Standard
Age Group B+	Section 1. <i>1m</i>	3 skills from list C 3 skills from list D (at least 2 groups must be covered from each list)	dd to count dd to count	Group B 250
	Section 2. <i>3m</i>	4 skills from list E (at least 2 groups must be covered) 1 fwd line up from section 3 above. 1 back line up from section 3 above.	dd to count dd to count dd to count	

List C (1m)

101c, 101b, 103c, 103b, 401c, 401b, 402c, 403c – repeats permitted (1.0) *

List D (1m)

201c, 201b, 301c, 301b, 5221d, 5122d, 202c, 203c – repeats permitted (1.0) *

List E (3m)

101c, 101b, 103c, 103b, 401c, 401b, 403c 201c, 201b, 301c, 301b – repeats permitted (1.0) *

*** Dives of the same number are considered to be a repeat, even if they are in a different shape**

- This event runs in a “circuit” format, with groups of competitors (gymnastics style), simultaneously competing on 1m, 3m and poolside, enabling 12 skills to be competed in the same amount of time as 4 skills.
- The winner is the diver with the highest combined points total from ALL stations added together.

ASA National Age Group Final – level 3

Age Groups springboard events

Group E	- 8/9 Years
Group D	- 10/11 Years
Group C	- 12/13 Years
Group B	- 14/15 Years
Group A	- 16/18 Years

Age Groups Platform events

Group E2/D	- 9/10/11 Years
Group C	- 12/13 Years
Group B	- 14/15 Years
Group A	- 16/18 Years

Category	Board Height	Event Conditions	Recommended Standard
Age Group E	1m	2 dives from 2 groups (3.6 dd) + 2 dives (minimum of 3 groups covered).	75.00
	3m	2 dives from 2 groups (3.8 dd) + 2 dives (minimum of 3 groups covered).	80.00
Age Group D	1m	3 dives from 3 groups (5.4 dd) + 2 dives (minimum of 3 groups covered).	100.00
	3m	3 dives from 3 groups (5.7 dd) + 2 dives (minimum of 3 groups covered).	105.00
E2/D	5m	2 dives from 2 groups (3.6 dd) + 2 dives (minimum of 3 groups covered).	80.00
Age Group C	1m	3 dives from 3 groups (5.4 dd) + 3 dives from 3 groups no limit	120.00
	3m	3 dives from 3 groups (5.7 dd) + 3 dives from 3 groups no limit	140.00
	5m/7.5m	3 dives from 3 groups (5.4 dd) + 2 dives from 2 groups no limit	110.00
Age Group B	1m	4 dives from 4 groups (7.5 dd) + 3 dives from 3 groups no limit	155.00
	3m	4 dives from 4 groups (7.9 dd) + 3 dives from 3 groups no limit	160.00
	5m/7.5m/10m	3 dives from 3 groups (5.7) + 3 dives from 3 groups no limit	135.00
Age Group A	1m	4 dives from 4 groups (7.5) + 3 dives from 3 groups no limit	155 girls, 170 boys
	3m	4 dives from 4 groups (7.9 dd) + 3 dives from 3 groups no limit	160 girls, 180 boys
	5m/7.5m/10m	3 dives from 3 groups (5.7 dd) + 3 dives from 3 groups no limit	135 girls, 150 boys

Synchronised Events

Synchro 8-13 yrs	Girls & Boys	1m	2 dives limited to 2.0dd (from 2 groups) plus 2 optional dives (from 2 groups)	4 dives	4 dives must cover 3 groups, all dives performed by the pair to have the same dive number (no alternate). At least one forward facing skill must be with a hurdle step. No more than 2 dives from the same group.
Synchro 14 –18 years	Girls & Boys	3m	2 dives limited to 2.0dd plus 3 optional dives	5 dives	5 dives must cover 3 groups, all dives performed by the pair to have the same dive number (no alternate). At least one forward facing skill must be with a hurdle step. No more than 2 dives from the same group.

- No repeat dives permitted
- Minimum age for competitors on springboard, 8 years on 31st December that year, on platform, 9 years on 31st December that year.
- Age group categories refer to the age the diver is on 31st December that year.
- All events – straight final.

ASA Elite Junior Nationals – level 4

Age Groups:

E2/D - 9/11, C - 12/13, B - 14/15, A - 16/18

Category	Gender	Board	Conditions	Number of Dives	Recommended standard for Elite Junior Nationals
Group E2/D	Boys & Girls	1m	4 @ 7.5 + 3	7 dives	155.00 girls, 160 boys
		3m	4 @ 7.9 + 3	7 dives	160.00 girls, 165 boys
		5m	3 @ 5.7 + 3	6 dives	150.00 girls, 150 boys
Group C	Boys & Girls	1m	5 @ 9.0 + 3	8 dives	200.00 girls, 210 boys
		3m	5 @ 9.5 + 3	8 dives	210.00 girls, 220 boys
		5m & 7m	4 @ 7.6 + 3	7 dives	180.00 girls, 200 boys
Group B	Girls	1m	5 @ 9.0 + 3	8 dives	225.00 girls
		3m	5 @ 9.5 + 3	8 dives	240.00 girls
		Plat (5, 7 & 10m)	4 @ 7.6 + 3 (cover 5 groups)	7 dives	220.00 girls
	Boys	1m	5 @ 9.0 + 4	9 dives	255.00 boys
		3m	5 @ 9.5 + 4	9 dives	275.00 boys
		Plat (5, 7 & 10m)	4 @ 7.6 + 4 (cover 5 groups)	8 dives	265.00 boys
Group A	Girls	1m	5 @ 9.0 + 4	9 dives	270.00 girls
		3m	5 @ 9.5 + 4	9 dives	290.00 girls
		Plat (5, 7 & 10m)	4 @ 7.6 + 4 (cover 5 groups)	8 dives	250.00 girls
	Boys	1m	5 @ 9.0 + 5	10 dives	305.00 boys
		3m	5 @ 9.5 + 5	10 dives	330.00 boys
		Plat (5, 7 & 10m)	4 @ 7.6 + 5 (cover 6 groups)	9 dives	300.00 boys

Synchronised Events

Synchro 9-13yrs	Girls & Boys	3m	3 dives limited to 2.0dd (from 3 groups) plus 2 optional dives (from 2 groups)	5 dives	5 dives must cover 3 groups, all dives performed by the pair to have the same dive number (no alternate). No more than 2 dives from the same group. At least one forward facing skill must be with a hurdle step.
Synchro 14-18 years	Girls & Boys	3m	2 dives limited to 2.0dd plus 3 optional dives	5 dives	5 dives must cover 3 groups, all dives performed by the pair to have the same dive number (no alternate). No more than 2 dives from the same group. At least one forward facing skill must be with a hurdle step.

- No repeat dives permitted
- Age Group Conditions – dictated by changes in conditions and age group boundaries set by FINA and adopted by LEN
- Age group categories refer to the age the diver is on 31st December that year
- Minimum age for competitors in all events, 9 years on 31st December in that year

Format for Elite Junior Nationals:

- Age Groups C & D, divers perform one full list of dives
- Age Groups A & B, divers perform full list of dives, top six (6) placed divers proceed to final where the optional dives are repeated. The final result will be determined by adding the score from the final to that of the required dives total score from the preliminary round
- Synchronised events – straight final.

National Senior Championships – level 5

Category	Gender	Board	Conditions	Number of Dives	Recommended standard for Senior Championships
1m & 3m	Male	6 dives	6 dives from 5 groups no limit	<p>All events, optionals only prelim, semi, final (numbers moving through to semi final and final will be determined and published prior to the event in event information. Format may be changed depending on which international event the Championships are being used as a trial for.</p> <p><u>Minimum 1.5 somersaults in all directions (including twist) with exception of group 6 on platform.</u></p>	205 1m, 220 3m
Platform	Male	6 dives	6 dives from 6 groups no limit		220
1m & 3m	Female	5 dives	5 dives from 5 groups no limit		160 1m, 165 3m
Platform	Female	5 dives	5 dives from 5 groups no limit		165

3m & platform synchro	Open Male	6 dives	2 x dives maximum dd 2.0 4 x optional dives	4 groups to be covered. All dives must have same dive number (no alternate). At least 1 forward facing skill must be performed with a hurdle step. No more than 2 dives from the same group.
3m & platform synchro	Open Female	5 dives	2 x dives maximum dd 2.0 3 x optional dives	4 groups to be covered. All dives must have same dive number (no alternate). At least 1 forward facing skill must be performed with a hurdle step. No more than 2 dives from the same group.

- No repeat dives permitted
- Junior Category 18 years & under on 31st December that year
- Minimum age for competitors in all events, 10 years by 31st December that year

Please consider the following eligibility clauses carefully when selecting events for your divers.

ELIGIBILITY

- INELIGIBILITY – If a diver competes at the National Age Group Championships in any event (including synchro), they become ineligible for the National Skills Finals for as long as they remain in the same age group.
- INELIBILITY – if a diver competes at the Elite Junior Nationals, they become ineligible for the National Age Groups (on that board), for as long as they remain in the same age group.
- INELIGIBILITY – if a diver competes in the Elite Junior Nationals in any event (including synchro), they become permanently ineligible for the National Skills Finals.
- INELIGIBILITY – if a diver competes in the National Senior Championships in any event (including synchro), they become permanently ineligible for the National Age Group Championships.

SYNCHRO EVENTS

- EJ SYNCHRO ELIGIBILITY – to dive Elite Junior Synchro, both members of the pair must be diving at least 1 individual event at Elite Juniors
- SENIOR SYNCHRO ELIGIBILITY – to dive Senior Synchro, both members of the pair, must be diving at least 1 individual event at Elite Juniors
- NAG SYNCHRO ELIGIBILITY – to dive National Age Group synchro, both members of the pair must be diving at least 1 individual event at National Age Groups

QUALIFICATION SCORES

- SCORES – Scores are set by a National Technical Panel and reviewed annually. All scores continue to be recommended scores for 2007, however it is strongly advised that all coaches encourage their divers to achieve their required score at one or more of the events below.
 - » Regional event
 - » Last year's National event (as long as they remain in the same age group)
 - » Club grand prix event (as long as they are doing the same test)

STANDARDS - Coaches fielding divers considered by British Diving Managers to be competing at the wrong level, will be approached by one of British Diving's Managers and given advice on competition selection.

DEFINITIONS

Competing/competed – divers are considered to be competing or competed at a certain level if they entered the contest - even if they did not dive due to injury or illness.

For example, if a diver was entered for Senior Nationals but did not dive due to injury, they cannot then compete at the National Age Groups.

Or

If a diver was entered for the National Age Groups but did not dive due to illness, they cannot then compete at the National Skills Finals.