



**You are invited to the 18th
Albatross Interclub
Saturday 23rd June 2007
1.30pm start**

*'Central Swimming Pool'
Battle Street, Reading, RG1 7NU*

This event is aimed at divers competing at Level 2

***Age Groups: Open to all divers, 18yrs & under at
31st December 2007***

**www.albatross-dc.co.uk
m.green8@ntlworld.com**

- The Event: The event will be run under ASA Law. Events will be in the following categories:
- F: Under 8yrs Girls & Boys
 - E: 8-9 yrs Girls & Boys
 - D: 10-11 yrs Girls & Boys
 - C: 12-13 yrs Girls & Boys
 - B: 14-15 yrs Girls & Boys
 - A: 16-18 yrs Girls & Boys
- Team Trophy: Only the top 2 divers in each event, from each club will count towards team points.
- Awards: Trophies for 1st, 2nd & 3rd places
Certificates to all participating divers
- Facilities: 1 x 1m Springboard
1 x 3m Springboard
1 x 5m Firmboard
- Organiser : Malcolm Green
Tel: 01189 545336
Mob: 07966 490772
e-mail: m.green8@ntlworld.com
- Entry Forms First please send us the entry form not later than **Saturday 26th May 2007.**
- Entries: Albatross DC Reading
c/o Malcolm Green
5, Stirling Close
Caversham Park Village
Reading, Berkshire
RG4 6SH
- Entry Fees: £5.00 per event
- Payments Please make cheques payable to:
“Albatross DC Reading”

Dive Sheets: Dive Sheets will be sent to you via email after your entries have been received by the organiser. If you prefer them by post, then please enclose your address details and contact. Dive sheets will need to be submitted to the organiser no later than **Saturday 16th June 2007.**

Dive sheets changes will be 30 minutes before the start of the first event, changes may also be made by email before the day if required.

Dive sheets must be signed either by the divers or counter signed by their coach before the start of the first event. We will not take responsibility for incorrectly filled out dive sheets.

Comp Info: All teams will be sent information after the closing date containing the following:

- Directions
- Parking information
- Final Timetable
- Training Times
- Food & Drink provisions
- Dive Sheets
- Judging List

Judging: All teams will be expected to supply at least 1 judge for the day if possible. This is to ensure smooth flowing of the event and an even spread of event judges.

On the Day: A free programme will be given to all team coaches. A short meeting will take place just before the start of events at 1.20pm

Competition Requirements:

Group F, Girls & Boys Under 8yrs

Plain Header (3 bubble rip)	Poolside	1.0
Back Tuck Jump with Armswing	Poolside	1.0
Pike Fall (hands grabbed)	1m OR 3m	1.0 / 1.2
1 Optional Dive	1m/3m	d.d.

Group E, D, C Girls & Boys 8-13yrs

Pike Fall (hands grabbed) OR Back Fall Straight	3m	1.0 / 1.4
Sitting Forward Tuck Roll OR Back crouch Roll	3m	1.2 / 1.3
Any 2 Optional dives from different Groups	1m/3m/5m	d.d.

Group B, A, Girls & Boys 14-18yrs

Any 2 Optional dives from different groups	1m	d.d.
Any 2 Optional dives from different groups	3m/5m	d.d.

No repeat dive numbers

Exclusions:

This competition is aimed at Levels 1 – 2 Standard

Those not eligible for this competition are as follows:

- **Dived at any Regional Level 3 or above event in 2007**
- **Dived at any National Level 3 or above event in 2006/7**
- **Gained 1st place at the 2006 Level 2 Skills finals regardless of age group dived**

Albatross Interclub 2007 Provisional Programme

12.30pm		General Training
1.00pm		Groups F, E & D Training only
1.30pm	Event 1	Girls & Boys Group F
	Event 2	Girls Group E & D
	Event 3	Boys Group E & D
		Group C Training Only / Presentations
4.00pm	Event 3	Girls Group C
	Event 4	Boys Group C
		Groups A & B Training Only / Presentations
6.00pm	Event 5	Girls Group B & A
	Event 6	Boys Group B & A
		Presentations

Expected finish at 7.00pm

Please Note,

This is a provisional timetable, a more accurate timetable will be sent after the closing date to all competing clubs

Many Thanks

Malcolm Green

